

# SFD+I Research Week

## How to Navigate This PDF (Screen-Reader Notes)

- This document uses **structured headings** for navigation
- Use your screen reader's **Headings shortcut** to move between days
- Each day is marked with a **Day Start** and **Day End** cue
- Within each day, use headings to move between **Morning**, **Midday**, and **Evening** sections
- Each class or intensive is announced by name as its own heading

This document presents the SFD+I Research Week schedule in a screen-reader–optimized format. Content is organized by day, then by time of day (Morning, Midday, Evening). Each intensive or event is listed under every day on which it occurs, with the **name of the intensive as the heading**, followed by times.

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## Sunday, August 2

Start of Sunday schedule

### Evening

Opening Circle

5:00–6:30 PM

Opening Jam

7:00–10:00 PM

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End of Sunday schedule

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## Monday, August 3

Start of Monday schedule

## **Morning (10:00 AM–12:00 PM)**

### **Morning Tuning Warm-Up — Karen Nelson**

8:30–9:30 AM Free to all

### **Improvisation as Disability Culture — Kayla Hamilton (4-Day Intensive)**

10:00 AM–12:00 PM

### **Dancing as Political Healing — Keith Hennessy (4-Day Intensive)**

10:00 AM–12:00 PM

### **Degenerate Art Ensemble — Drop-In**

10:00 AM–12:00 PM

## **Midday (1:00–3:00 PM)**

### **Spirited Practice — Degenerate Art Ensemble (5-Day Intensive)**

1:00–3:00 PM

### **Desire Lines — Silas Riener + Rashaun Mitchell (5-Day Intensive)**

1:00–3:00 PM

### **Embracing the Awkward — Ishmael Houston-Jones (5-Day Intensive)**

1:00–3:00 PM

### **Making / Breaking — Moriah Evans (5-Day Intensive)**

1:00–3:00 PM

## **Evening (4:00–6:00 PM)**

### **Layerhythm Playground: House Dance, Live Music Interaction, and Freestyle Practice — Mai Lê Hô (3-Day Intensive)**

4:00–6:00 PM Continues Tuesday and Wednesday

### **Whole Self Integration: Feldenkrais Awareness Through Movement — Sheri Cohen (3-Day Intensive)**

4:00–6:00 PM

## **Drop-In Classes**

4:00–6:00 PM with Tonya Lockyer

4:00–6:00 PM with Jose E. Abad

## **Night**

### **Jam**

7:00–10:00 PM

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**End of Monday schedule**

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## **Tuesday, August 4**

**Start of Tuesday schedule**

### **Morning (10:00 AM–12:00 PM)**

**Improvisation as Disability Culture — Kayla Hamilton (4-Day Intensive)**

10:00 AM–12:00 PM

**Dancing as Political Healing — Keith Hennessy (4-Day Intensive)**

10:00 AM–12:00 PM

### **Drop-In Class**

10:00 AM–12:00 PM with Silas Riener + Rashaun Mitchell

### **Midday (1:00–3:00 PM)**

**Spirited Practice — Degenerate Art Ensemble (5-Day Intensive)**

1:00–3:00 PM

**Desire Lines — Silas Riener + Rashaun Mitchell (5-Day Intensive)**

1:00–3:00 PM

**Embracing the Awkward — Ishmael Houston-Jones (5-Day Intensive)**

1:00–3:00 PM

**Making / Breaking — Moriah Evans (5-Day Intensive)**

1:00–3:00 PM

## **Evening (4:00–6:00 PM)**

**Layerhythm Playground: House Dance, Live Music Interaction, and Freestyle Practice — Mai Lê Hô (3-Day Intensive)**

4:00–6:00 PM

**Whole Self Integration: Feldenkrais Awareness Through Movement — Sheri Cohen (3-Day Intensive)**

4:00–6:00 PM

## **Drop-In Classes**

4:00–6:00 PM with Ishmael Houston-Jones and Kayla Hamilton

## **Night**

### **Jam**

7:00–10:00 PM

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**End of Tuesday schedule**

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## **Wednesday, August 5**

**Start of Wednesday schedule**

### **Morning (10:00 AM–12:00 PM)**

**Morning Tuning Warm-Up — Karen Nelson**

8:30–9:30 AM Free to all

**Improvisation as Disability Culture — Kayla Hamilton (4-Day Intensive)**

10:00 AM–12:00 PM

**Dancing as Political Healing — Keith Hennessy (4-Day Intensive)**

10:00 AM–12:00 PM

**Drop-In Classes**

10:00 AM–12:00 PM with Mai Lê Hô

**Midday (1:00–3:00 PM)**

**Spirited Practice — Degenerate Art Ensemble (5-Day Intensive)**

1:00–3:00 PM

**Desire Lines — Silas Riener + Rashaun Mitchell (5-Day Intensive)**

1:00–3:00 PM

**Embracing the Awkward — Ishmael Houston-Jones (5-Day Intensive)**

1:00–3:00 PM

**Making / Breaking — Moriah Evans (5-Day Intensive)**

1:00–3:00 PM

**Evening (4:00–6:00 PM)**

**Layerhythm Playground: House Dance, Live Music Interaction, and Freestyle Practice — Mai Lê Hô (3-Day Intensive)**

4:00–6:00 PM

**Whole Self Integration: Feldenkrais Awareness Through Movement — Sheri Cohen (3-Day Intensive)**

4:00–6:00 PM

**Drop-In Classes**

4:00–6:00 PM with Tonya Lockyer, Jose E Abad, Kaitlin McCarthy, and Moriah Evans

## **Night**

### **Participant Showing**

7:00–10:00 PM

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**End of Wednesday schedule**

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## **Thursday, August 6**

**Start of Thursday schedule**

### **All Day**

#### **Day of Rest**

No scheduled classes or intensives

### **Evening**

#### **SHOW: Closer**

Evening performance Included in Full Research Week

**End of Thursday schedule**

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**End of Thursday schedule**

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## **Friday, August 7**

**Start of Friday schedule**

### **Morning (10:00 AM–12:00 PM)**

**Morning Tuning Warm-Up — Karen Nelson**

8:30–9:30 AM Free to all

**Improvisation as Disability Culture — Kayla Hamilton (4-Day Intensive)**

10:00 AM–12:00 PM

10:00 AM–12:00 PM

**Drop-In Classes**

10:00 AM–12:00 PM with Corrie Befort

**Midday (1:00–5:00 PM)**

**Spirited Practice — Degenerate Art Ensemble (5-Day Intensive)**

Times vary by day

1:00–5:00 PM

**Desire Lines — Silas Riener + Rashaun Mitchell (5-Day Intensive)**

Times vary by day

1:00–5:00 PM

**Embracing the Awkward — Ishmael Houston-Jones (5-Day Intensive)**

Times vary by day

1:00–5:00 PM

**Making / Breaking — Moriah Evans (5-Day Intensive)**

Times vary by day

1:00–5:00 PM

**Evening**

**Jam**

7:00–10:00 PM

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**End of Friday schedule**

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## **Saturday, August 8**

**Start of Saturday schedule**

### **Morning (10:00 AM–12:00 PM)**

**Spirited Practice — Degenerate Art Ensemble (5-Day Intensive)**

Times vary by day

10:00 AM–12:00 PM

**Desire Lines — Silas Riener + Rashaun Mitchell (5-Day Intensive)**

Times vary by day

10:00 AM–12:00 PM

**Embracing the Awkward — Ishmael Houston-Jones (5-Day Intensive)**

Times vary by day

10:00 AM–12:00 PM

**Making / Breaking — Moriah Evans (5-Day Intensive)**

Times vary by day

10:00 AM–12:00 PM

**Solve / Amelia Noa — Drop-In**

10:00 AM–12:00 PM

**Sheri Cohen — Drop-In**



10:00 AM–12:00 PM

**Keith Hennessy — Drop-In**

10:00 AM–12:00 PM

**Evening (4:00–6:00 PM)**

**Skye Hughes + Nikolai Lensnikov — Drop-In**

4:00–6:00 PM

**Jose E Abad — Drop-In**

4:00–6:00 PM

**Night**

**Show: Research in Performance**

7:30 PM Included in Full Research Week

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**End of Saturday schedule**

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## **Sunday, August 9**

**Start of Sunday, August 9 schedule**

**Morning**

**Closing Jam**

10:00–11:30 AM

**Midday**

**Closing Circle**

11:30 AM–12:30 PM

**End of Sunday, August 9 schedule**

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**End of SFD+I Research Week schedule**